

# Glasgow Frontrunners Adult Safeguarding Policy



Last Reviewed and Adopted	Reviewed by:
July 2023	Drew Gibson (Sec), Johnpaul McCabe (WIO)

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## Policy objectives

Most adults are able to live their lives safely and free from harm. However, for some, there may be times when, for a variety of reasons, their ability to keep themselves safe and protect their wellbeing and rights is compromised.

We will safeguard adults by ensuring that our activities are delivered in a way which keeps all adults safe. We will develop a culture of zero tolerance of harm to adults, which necessitates:

- The recognition of adults who may be at risk and the circumstances which may increase risk
- Knowing how adult abuse, exploitation or neglect manifests itself
- Being willing to report safeguarding concerns.

This extends to recognising and reporting harm experienced anywhere, including within our activities, within other organised activities, in the community, in the person's own home and in any care setting.

GFR is committed to best safeguarding practice and to uphold the rights of all adults to live a life free from harm from abuse, exploitation and neglect.

The purpose of this policy is to demonstrate the commitment of UK Athletics and the four HCAFs to safeguard adults and to ensure that everyone involved in our sport is aware of:

- The legislation, policy and procedures for safeguarding adults
- Their role and responsibility for safeguarding adults
- What to do or who to speak to if they have a concern relating to the welfare or wellbeing of an adult within the organisation.

## Policy statement

GFR believe everyone has the right to live free from abuse or neglect, regardless of age, ability, disability, sex, race, religion, ethnic origin, sexual orientation, marital or gender status in line with our equalities policy.

We are committed to creating and maintaining a safe and positive environment and an open, listening culture where people feel able to share concerns without fear of retribution.

We collectively acknowledge that safeguarding is everybody's responsibility and we are committed to the prevention of abuse and neglect through safeguarding the welfare of all adults involved in our sport.

GFR recognise that health, wellbeing, ability, disability and need for care and support can affect a person's resilience. We recognise that some people experience barriers, for example, to communication in raising concerns or seeking help. We recognise that these factors can vary at different points in people's lives.

We recognise that there is a legal framework within which sports need to work to safeguard adults who have needs for care and support, and for protecting those who are unable to take action to protect themselves. We will act in accordance with the relevant safeguarding adult legislation and with local statutory safeguarding procedures.

Actions taken by GFR will be consistent with the principles of adult safeguarding, ensuring that any action taken is prompt, proportionate and that it includes and respects the voice of the adult concerned.

## Application

This adult safeguarding policy and associated procedures apply to all individuals involved in GFR.

For the avoidance of doubt this includes committee members, staff, officials, volunteers, members, participants in our events.

## Commitments

To implement this policy, GFR will ensure:

- Everyone involved is aware of the safeguarding adult procedures and knows what to do and who to contact if they have a concern relating to the safety or wellbeing of an adult
- Any concern that an adult is not safe is taken seriously, responded to promptly, and followed up in line with this policy and associated procedures

- The wellbeing of those at risk of harm will be put first and the adult actively supported to communicate their views and the outcomes they want to achieve. Those views and wishes will be respected and supported unless there are overriding reasons not to (see the adult safeguarding procedures)
- Any actions taken will respect the rights and dignity of all those involved and be proportionate to the risk of harm
- Confidential, detailed and accurate records of all safeguarding concerns are maintained and securely stored in line with our data protection policy and procedures
- Accordance with best practice advice; for example, from scottish athletics
- Cooperation with the police and the relevant local authorities in taking action to safeguard an adult
- All committee members and volunteers within GFR understand their role and responsibility for safeguarding adults as appropriate for their role
- The use of safe recruitment practices and continual assessment of the suitability of volunteers in order to prevent the deployment of unsuitable individuals in our organisation and within the athletics community
- A sharing of information with the appropriate bodies about anyone found to be a risk to adults; for example: disclosure scotland, police, local authority/social services
- The inclusion of a risk assessment when planning activities and events as to the safety of all adults from abuse, exploitation and neglect
- Actions taken under this policy are reviewed by the committee of GFR on an annual basis

## Implementation

GFR is committed to developing and maintaining a capability to implement this policy and its procedures. In order to do so, the following will be in place:

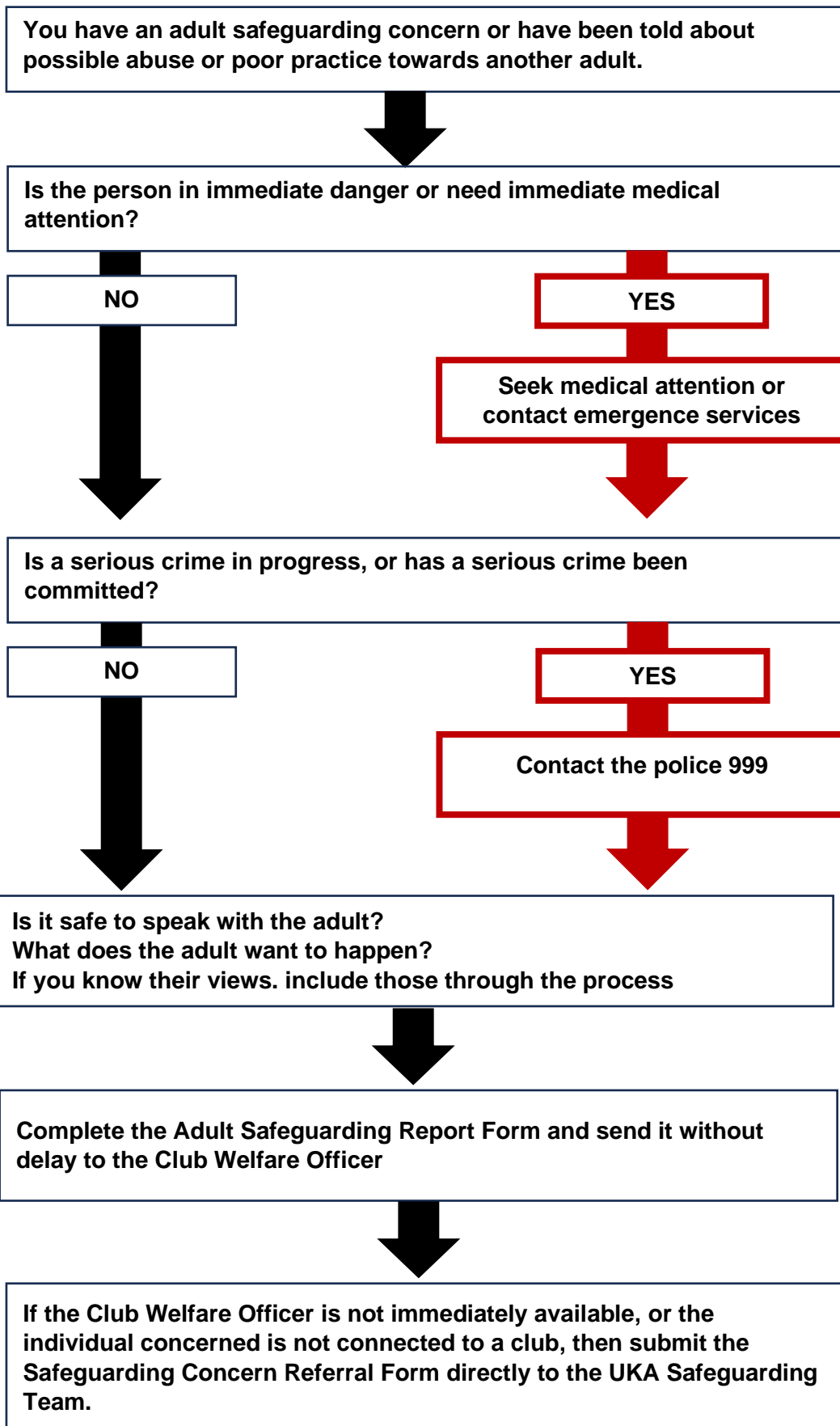
- A welfare officer
- A clear line of accountability for the safety and wellbeing of all adults
- Access to relevant legal and professional advice through scottish athletics
- Adult safeguarding procedures that deal effectively with any concerns of abuse or neglect, including those caused through poor practice
- Arrangements to work effectively with other relevant organisations to safeguard and promote the welfare of adults, including arrangements for sharing information
- Codes of conduct for all relevant roles and individuals that specify zero tolerance of abuse in any form
- Policies and procedures that address the following areas and which are consistent with this adult safeguarding policy:
  - bullying
  - social media
  - equality, diversity and inclusion
  - codes of conduct
  - discipline and grievance
  - concerns and complaints
  - information policy, data protection and information sharing
  - adult safeguarding procedures (responding to and managing a concern about an adult).

## Equality

GFR has an equalities policy that can be found on our website.

## Adult Safeguarding Processes

### Appendix 1: process map – reporting a concern about an adult



## Appendix 2: sources of information and support

### National Safeguarding Contact Details

GOVERNING BODY	EMAIL	PHONE
<b>UK Athletics</b>	<a href="mailto:safeguarding@uka.org.uk">safeguarding@uka.org.uk</a>	07920 532552
<b>Scottish Athletics</b>	<a href="mailto:welfare@scottishathletics.org.uk">welfare@scottishathletics.org.uk</a>	07983 081122

#### Action on Elder Abuse

A national organisation based in London. It aims to prevent the abuse of older people by raising awareness, encouraging education, promoting research and collecting and disseminating information.

Tel: 020 8765 7000

Email: [enquiries@elderabuse.org.uk](mailto:enquiries@elderabuse.org.uk)

[www.elderabuse.org.uk](http://www.elderabuse.org.uk)

#### Ann Craft Trust (ACT)

A national organisation providing information and advice about adult safeguarding. ACT have a specialist Safeguarding Adults in Sport and Activity team to support the sector.

Tel: 0115 951 5400

Email: [Ann-Craft-Trust@nottingham.ac.uk](mailto:Ann-Craft-Trust@nottingham.ac.uk)

[www.anncrafttrust.org](http://www.anncrafttrust.org)

#### Men's Advice Line

For male domestic abuse survivors. Tel: 0808 801 0327

#### National LGBT+ Domestic Abuse Helpline

Tel: 0800 999 5428

#### NATIONAL 24-HOUR FREEPHONE DOMESTIC ABUSE HELPLINES

<b>England</b>	Tel: 0808 2000 247 <a href="http://www.nationaldahelpline.org.uk/Contact-us">www.nationaldahelpline.org.uk/Contact-us</a>
<b>Northern Ireland</b>	Tel: 0808 802 1414 <a href="http://www.dsahelpline.org">www.dsahelpline.org</a> Twitter: <a href="https://www.twitter.com/dsahelpline">www.twitter.com/dsahelpline</a> Facebook: <a href="https://www.facebook.com/dsahelpline">www.facebook.com/dsahelpline</a>
<b>Scotland</b>	Tel: 0800 027 1234 Email: <a href="mailto:helpline@sdafmh.org.uk">helpline@sdafmh.org.uk</a> Web chat: <a href="http://sdafmh.org.uk">sdafmh.org.uk</a>
<b>Wales</b>	Llinell Gymorth Byw HebOfn/ Live free from fear Helpline Tel: 0808 8010 800 Type talk: 18001 0808 801 0800 Text: 078600 77 333

## **Rape Crisis**

Rape Crisis exists to provide a range of facilities and resources to enable the continuance and development of Rape Crisis Groups throughout the UK.

[www.rapecrisis.co.uk](http://www.rapecrisis.co.uk) [www.rapecrisisscotland.org.uk](http://www.rapecrisisscotland.org.uk)

<https://rapecrisisni.org.uk>

## **Respond**

Respond provides a range of services to victims and perpetrators of sexual abuse who have learning disabilities, and training and support to those working with them.

Tel: 020 7383 0700 or 0808 808 0700 (Helpline)

Email: [services@respond.org.uk](mailto:services@respond.org.uk)

[www.respond.org.uk](http://www.respond.org.uk)

## **Stop Hate UK**

Works to challenge all forms of hate crime and discrimination, based on any aspect of an individual's identity. Stop Hate UK provides independent, confidential and accessible reporting and support for victims, witnesses and third parties.

24-hour service:

Telephone: 0800 138 1625

Web chat: [www.stophateuk.org/talk-to-us](http://www.stophateuk.org/talk-to-us) Email:

[talk@stophateuk.org](mailto:talk@stophateuk.org)

Text: 07717 989 025

Text relay: 18001 0800 138 1625 Post: PO

Box 851, Leeds LS1 9QS

## **Suzy Lamplugh Trust**

The Trust is a leading authority on personal safety. Its role is to minimise the damage caused to individuals and to society by aggression in all its forms – physical, verbal and psychological.

Tel: 020 83921839

Fax: 020 8392 1830

Email: [info@suzylamplugh.org](mailto:info@suzylamplugh.org)

[www.suzylamplugh.org](http://www.suzylamplugh.org)

## **Victim Support**

Provides practical advice and help, emotional support and reassurance to those who have suffered the effects of a crime.

Tel: 0808 168 9111

[www.victimsupport.com](http://www.victimsupport.com)

## **Women's Aid Federation**

Women's Aid is a national domestic violence charity. It also runs a domestic violence online help service.

[www.womensaid.org.uk/information-support](http://www.womensaid.org.uk/information-support)

[www.womensaid.scot](http://www.womensaid.scot) [www.womensaidni.org](http://www.womensaidni.org)