



GFR Glasgow FrontRunners

Committee Meeting, 14th June 2015, Café Hula. 1pm.

1.00 Present:

Eric Baster (EB), Jason Bohan (JB), Kevin Boyle (KB), James Watson (JW), Nicky Imrie (NI)
David Cherry (DC), Kevin Hanley (KH)

Apologies: Gordon Howie (GH), Claudia Fusaro (CF)

Item	Description	Action
2.00	Agree Minutes of Last meeting: JW pointed out that the prices of the T-shirts and Hoodies were incorrect in item 5.01 and should be changed to £10 & £18. DC to Change.	DC
3.00	Treasurer Report. Members list needs to be updated from information gained from existing members, handwritten notes and bank details. DC, KH & EB to have separate meeting to go through this and finalise membership list. Citizen M, Wednesday 17th June @ 7:30pm.	DC,KH,EB
3.01	DC to change sign-in register to single page per week reflecting new members list. Also, DC to be responsible for updating register list electronically on a weekly basis to include any new members. Copies of blank register should be left in locker in case DC not present.	DC
3.02	KH in the process of changing bank signatories over to himself and EB.	KH
4.00	Membership Report: Prior to latest updates, there are 106 members on the list which is sufficient information needed for International FrontRunners.	
5.00	Run Update: Training to start shortly for Loch Ness Marathon (27.09.15) and Great Scottish Run (4.10.15).	

5.01	KB suggested that it would be beneficial for the 5k runs to have two jog leaders to help with anyone that may struggle. The rear jog leader can then assist and stay with the strugglers. It was agreed that there should be a primary jog leader, with a stand-by on hand to join if it was deemed necessary. Jog Leaders to discuss at next JL Meeting.	JL's/All
5.02	JB to blog some running training plans.	JB
6.00	Upcoming Events: Men's Health 10k on 21st June. Tahnee going to take run from ARC (9:30 start) to support GFR runners.	
6.01	Newcastle for Northern FrontRunners 5th birthday on 17th July.	
6.02	Bleep test scheduled for Thursday 19th June. Greg Crockart has offered to lead a run on the day also.	
7.00	Off Road Runs: NI suggested that we should introduce Away Day Runs again. Possibly Mugdock Park, Pollock Park, Strathclyde Park, Greenock, Aberfoyle. Have this event instead of the run. Possibly hire a minibus, but would have to look into logistics and may be better off having a car share as this has worked well in the past. Possible date: 5th July. TBC.	All
8.00	OUTrun: DC stated that sponsorship from Cameron Water is not possible but they will provide bottled water for the runners.	DC
8.01	Richard Allwood has managed to secure £450 sponsorship money from Queen's Cross Housing Association.	
8.02	Volunteer meeting was a great success and initially got 38 volunteers shown an interest.	
8.03	JB stated that Glasgow University will be donating signage and volunteers also, and possibly some sponsor money. Other possible avenues for sponsorship would be: Run4it OR Achilles' heel,	
8.04	LEAP not firmed up yet and hasn't confirmed their involvement if any.	
8.05	BBC not returned email yet regarding doing a feature on the run.	DC
8.06	Other costs: Officially measure the course (so that chip times are accurate) £140, however this lasts for 5 years if we decide to use the same course for another timed event. Flyers £100 for 800. Handout at runs, pubs etc. GH currently doing artwork for these.	GH
8.07	Advertising: Issue to Pride, International FrontRunners (Nick Eaton), European FrontRunners. KB to email JB contact details.	KB
8.08	Marshals etc. should be non-GFR runners if at all possible, freeing up GFR members to do the run.	
8.09	JB asked if we should have a social event after the race. Andrew Beglin checking out venues, but cannot assist otherwise, as has other commitment.	?

8.10	T shirts: JW to speak to GH regarding artwork. To be red shirts with black artwork.	JW
8.11	Goodie bags: GH to be relieved of goodie bag duties due to other commitments.	GH
8.12	Bandstand has been confirmed. Need to check Bag-drop, PA System.	?
8.13	Feather flags were costed at £125 per pair, but need to check to see if this is a beneficial purchase. May need extra banners, but finances need to be checked to see if we can afford this. JB to pass on information to EB.	JB
9.00	Scottish LGBTI Awards: Nomination for Equality Network LGBTI Awards: deadline 2.7.15 2 categories; Sports & Community Group. Encourage members to vote for GFR. KB to form template of why we should be nominated & post to facebook.	All
10.00	Womens 10k Feedback: Women's 10k training & run went extremely well, so much that some of the women are now training up for the October ½ marathon.	
11.00	EMF Relay feedback: EMF training and run went really well, with all the feedback being very positive. Keen to have another relay style run, as team-building event.	
12.00	Social Media: Next blog due 27th June.	
12.01	MH10k	
12.02	Couch Potato to Jog Leader.	
12.03	Have a monthly "why I run" blog.	
12.04	Testimonials	
12.05	Newcastle	
12.06	Morrison's Great Local Run	
12.07	Amsterdam	
12.08	Budapest	
12.09	Photos of trips	
12.10	Gallery of photos to be in colour. Branding (front page) B&W as before.	
12.11	Asked if we should have minutes posted to website? Or take ALL off?	
12.12	Twitter: GH still looking after this.	
13.00	AOB: JW gave DC spare Arc Locker key.	DC
13.01	JW tabled a first draft of the welcome info for new members. KB to read over, finalise and print copies to be kept in the locker to hand out. Also copy to be kept in DropBox.	KB/All
14.00	Next Meeting: Sunday 12th July 2015 - 1pm after run in Hula	All